

**Question:** What is PSHE?

PSHE stands for **Personal, Social, Emotional and Economics**. In this subject you will learn the knowledge and skills needed to manage your lives, now and in the future. PSHE will help you to stay healthy, safe and will prepare you for life and work.

**Diversity - The bigger picture:**

This term in PSHE the topic you will be learning about is Diversity. This will cover a range of different areas from valuing diversity, stereotyping, discrimination, and bullying (including cyberbullying) and about seeking support.

Learning about diversity and discrimination can help you to develop an understanding of people's differences and encourage respect towards others.

**Why is respect important?**

**Respect** for each other helps us to feel safe and to express ourselves. **Respect** in relationships builds feelings of trust, safety, and wellbeing.

**Key words & Definitions:**

**Diversity:** recognising and appreciating differences. Valuing diversity means respecting differences such as faith, diet, ethnicity and race.

**Respect:** a positive feeling or action shown towards someone or something.

**Appreciation:** recognition and enjoyment of the good qualities of someone or something.

**Multicultural:** relating to or containing several cultural or ethnic groups within a society.

**Prejudice:** believing some people are inferior or superior without even knowing them.

**Discrimination:** the unjust treatment of different categories of people, especially on the grounds of race, age, or sex. For example to dislike someone because of their religion.

**Stereotyping:** a generalised and simplistic idea of a group of people which is usually negative. For example old people moan.

**Relationship:** the way in which two or more people feel and behave towards each other.

## Positive effects of diversity

Just some of the positive effects of diversity.....

- ▶ Experience new food
- ▶ Encouraged to learn a new language
- ▶ Recognition of peoples different lifestyles
- ▶ Learn to do things differently
- ▶ More interesting/ less boring
- ▶ More open minded
- ▶ Higher sense of empathy/ awareness of others
- ▶ Unique
- ▶ Understanding of different religions/ beliefs



Can you think of any more positive effects of having a diverse society?

3 billion people use social media

## Social Media and Diveristy

### Positive impacts of Social Media

- ▶ This has helped to bring lots of different people together
- ▶ Witness first-hand how people in other cultures live
- ▶ Can improve social awareness by interacting with other people and sharing new ideas and opinions
- ▶ The media can have the power to influence people's desires, opinions, beliefs and attitudes.
- ▶ What is seen or heard in the media can help children and young people figure out who and what is valued in our society.

However...

- ▶ Even though people are so much more mindful around the issue of stereotyping, the media can unfortunately continue traditional gender stereotypes.
- ▶ Therefore children, young people and adults, copy behaviour and assumptions witnessed in online spaces.