

8th March 2023

RE: PSHE Lessons

Dear Parent/Carer,

As part of our work in PSHE year 9 will be learning about cancer in term five. This work is supported by National Curriculum guidance. The lesson will cover some key facts about how young people can look after their own health, and encourage them to think sensitively and critically about the information they hear in the media.

What will the lessons entail?

The lessons will aim to help students to understand what cancer is, the signs and symptoms to be aware of, how to talk to a doctor about concerns and why they should critically evaluate all cancer stories in the media.

Who have provided the resources?

Teenage Cancer Trust is a national charity providing specialist care and support to young people with cancer across the UK. To find out more, please visit our website at: www.teenagecancertrust.org/education.

The Testicular Health, Exploring Donation and Donation Choices lesson has been designed by the NHS. All these lessons have been quality assured by the PSHE Association.

These lessons form part of the Health Education aspects of our PSHE curriculum and will be delivered in the following order:

1. Sleep
2. Responsibility for physical health
3. Testicular health
4. Exploring donation
5. Donation & Choices

If you have any concerns or questions, please do speak to your child's PSHE teacher so we will ensure that your child is supported.

Yours sincerely,



Alicia Burdett

PSHE lead

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