

3 November 2021

Dear Parent/Carer

Anti-Bullying Week 15-19 November 2021

The theme of this year is Anti-Bullying Week, coordinated by the Anti-Bullying Alliance, is “One Kind word”. One of the aims of this week is to stop bullying ALL children and young people.

“In a world that can sometimes feel like it’s filled with negativity, one kind word can provide a moment of hope. It can be a turning point. It can change someone’s perspective. It can change their day. It can change the course of a conversation and break the cycle of bullying. Best of all, one kind word leads to another. Kindness fuels kindness. So from the playground to Parliament, and from our phones to our homes, together, our actions can fire a chain reaction that powers positivity.” Anti-Bullying Alliance 2021.

Throughout the week will be anti-bullying assemblies supported by tutor time activities and our Random Acts Of kindness campaign, with the students having the opportunity to be recognised for their kind words. Our Student Council has also been reviewing the academy’s Friendship and Anti-Bullying Policy.

In addition, Bexhill Academy are holding Odd Socks Day. It is a chance for our school family to celebrate Anti-Bullying week in a positive way by asking children and staff to wear odd socks to school. There is no pressure to wear the latest fashion or buy expensive costumes.

All you have to do to take part is wear odd socks. It couldn’t be simpler!

Odd Sock Day will take place on the last day of Anti-Bullying Week, Friday 19<sup>th</sup> November to help raise awareness for Anti-Bullying Week. The rest of your child’s school uniform should be worn as normal. There is no financial contribution required.

All further links and resources to Anti Bullying Week will be available on the academy website.

If you have any other queries regarding this week, please contact the PSHE team via email



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