

Last term Year 7 had an assembly delivered to them by an Active Travel Officer from Sustrans working with East Sussex County Council. Sustrans is the charity making it easier for people to walk and cycle. They connect people and places, create liveable neighbourhoods, transform the school run and deliver a happier, healthier commute. They were informing the students about a brand new Active Travel Project that as a school we will be taking part in.

Sustrans Mission

- We want to work with you to change the way you travel into school and back home. We want to get you out of cars and off public transport and get you cycling, walking or scooting in!

Below are possible activities and sessions that we could take part in:

- Bike Skills
- Information sessions; bike security, route planning, some bike maintenance basics, cycling in the dark sessions, highway code and being safe on the bike sessions.
- Bike repair day
- Led Rides
- Bike Breakfasts
- Student Bike Champions
- Guest speakers
- Create content on your active travel journeys eg videos
- Set up a bike club
- Car free days
- Clean air projects
- East Sussex cycle to school day
- Bike shed revamp

If you would like to find out more about the charity please visit their website:

www.sustrans.org.uk

