

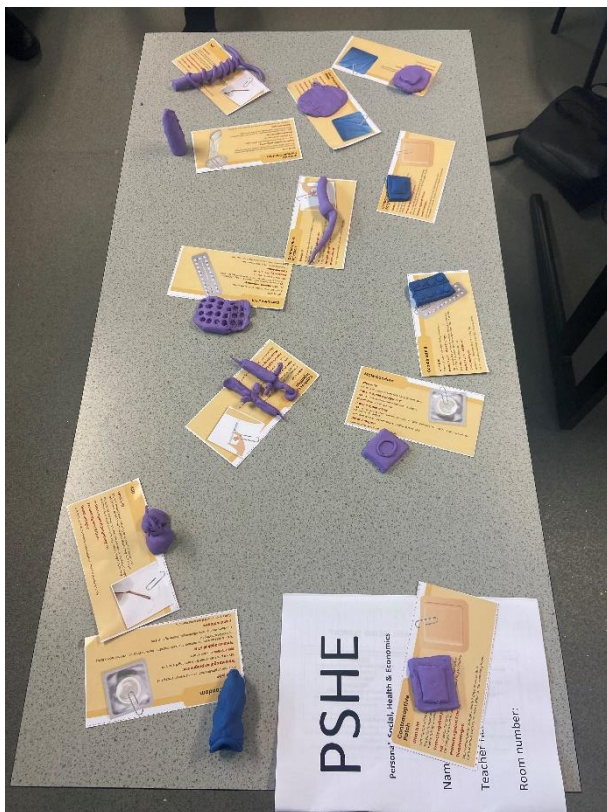
Year 8 PSHE:

This term the year 8's will be focusing on mental health. Their lesson will include:

1. Promoting emotional well-being
2. Digital resilience
3. Attitudes towards mental health
4. Unhealthy coping strategies
5. Healthy coping strategies
6. Building friendships

In PSHE we use a pink pen at the end of the lesson to measure the IMPACT. This lesson focused on promoting emotional well-being, strategies when things don't

go quite right and resilience. Please see this beautiful paragraph of a girl in year 8 (AB).



Year 9 PSHE:

The year 9's first lesson of the term learnt about the different contraception methods. In a world with so much social media and access to the internet it is important to educate the children the different contraception methods in order to keep them safe. The children made plasticine models of the different contraception methods and they then presented to the class:

- What it is?
- Whether it protects against pregnancy:
- Whether it protects against STI'S and the disadvantages of the method used.

Children were fully engaged and mature in the lesson.

Any questions please email me:

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