

Education Futures Trust

## REDUCING CHALLENGING BEHAVIOUR STRATEGIES TO SUPPORT THE AUTISTIC CHILD

If you have a child with autism, challenging behaviour may be one of the hardest things to manage. At times, it may feel as if it dominates your life. This course looks at what causes challenging behaviour in children with autism and offers practical strategies to help you turn things around.

### By the end of the course you will:

- Have a greater insight into the reasons for behaviours that challenge
- Know how to recognize early warning signs and defuse challenging situations
- Know some strategies to promote positive behaviour
- Have increased confidence when dealing with a child presenting with challenging behaviour

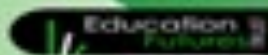
**WHERE:** Robsack Wood Primary Academy School,  
Whatlington way, St Leonards on Sea TN38 9TE

**WHEN:** Fridays – 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup> March 2019 9:00-12:15

Join us from 9:00 for refreshments and a chat

Course starts at 9:30

**COST:** Free



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**TO BOOK:** Contact Charlotte on 01424 722241

or [office@educationfuturestrust.org](mailto:office@educationfuturestrust.org)

### Parents' comments about the course

*'I have really enjoyed this course. I feel I have a better understanding and have the confidence and skills to deal with situations that I normally felt out of my depth'*

*'Amazing course, I have learnt so much. I have put some suggestions into practice and already behaviour has changed, things are looking a lot more positive.'*

*'This course has been fantastic- exactly what we needed to start understanding our child's behaviour and how we can influence it in a positive way'*

Family Learning courses are  
delivered on behalf of  
East Sussex County Council



Education & Skills  
Funding Agency

