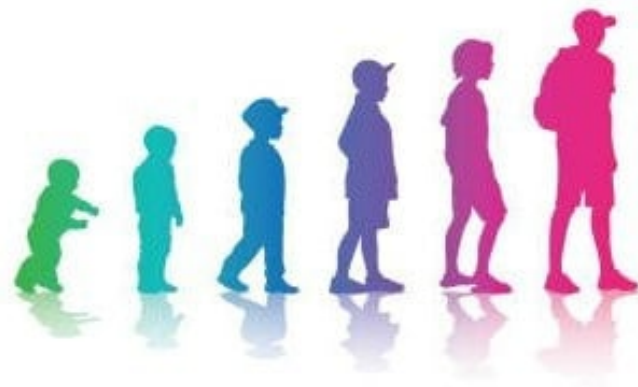


Children and Young Persons Care Coordinator



To ensure that the younger population are able to keep emotionally and physically healthy, the Bexhill PCN has introduced the Children and Young Persons Care Coordinator (CYPCC).

The CYPCC helps **children, young people, adolescents and their families** access the best local care for their individual needs. By working closely with local authorities, GP's, specialists, schools, colleges, youth clubs and community centers, the CYPCC can make sure you are in touch with all the right people.

Mental Health

We can help those experiencing a range of mental health issues, including depression, eating disorders, self harm and anxiety. We can also help people suffering from bereavement and those who care for others



Special Educational Needs

We can support those with special needs (SEND), learning difficulties and disabilities such as Autism, ADHD or Dyslexia. This includes helping with referrals and supporting families



General Health

We can promote general health and fitness, including dietary advice and information on vaccines



Safeguarding

We can provide support and advice about safeguarding concerns (including abuse and neglect). This may be regarding the individual making contact or concerns about someone that they know



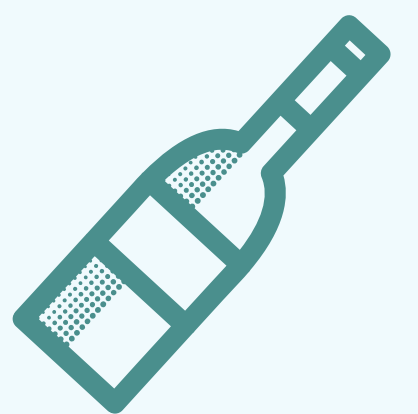
Sexual Health and Sexuality

We can offer information and advice about sexual health as well as support with sexuality (LGBTQ)



Drugs and Alcohol

We can support those suffering from drug and alcohol abuse, and provide information on the topic



Support Groups and Youth Clubs

We can help people get in touch with others who are in similar circumstances. Meeting new people through support groups and social clubs is an effective way to overcome difficult times and maintain positive mental health



Online Safety

We can help young people stay safe online, including support with online gambling

