

# Young People's Therapy

Hastings

# Young People's Therapy Service

## **Hastings**

1 to 1 therapy for children and young people 5-18 years affected by drug and alcohol problems in the family.

#### What's on offer?

- 16 sessions of therapy with a qualified, specialist therapist
- A safe space to talk, be creative, play, reflect and make sense of things
- A place for children and young people's voices to be heard

"I have really blossomed just like a flower"

Young Oasis Client

### Where does therapy take place?

Fellowship of St Nicholas (FSN) 66 London Road, St. Leonards N37 6AS

#### How do I make a referral?

Submit a referral online: <a href="https://www.tfaforms.com/4728974">https://www.tfaforms.com/4728974</a>

Please feel free to contact Toby Chown for more info:

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