

Curriculum intent PSHE: 2025

Personal, Social, Health and Economic (PSHE) education is a school subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. These skills and attributes help pupils to stay healthy, safe and prepare them for life and work in modern Britain.

Bexhill Academy is a larger than average mixed secondary academy with students serving the coastal town of Bexhill. There are currently 1452 students on roll. One of our main catchment areas is Sidley, which has recently been identified as being in the Top 10 most deprived postcodes in the country. Furthermore, the academy is in the 4th quintile (more deprived) for deprivation, higher than the National Average. Therefore, the academy has a significant responsibility to ensure our children are not disadvantaged and have the right attitudes and employment - ready skills : to keep them safe throughout life, providing them with everything we possibly can to have an ambitious and positive future.

We have 34.4% of students who are currently eligible for support through the pupil premium; 0.9% of students in care: 1.1% of our students are young carers: 23% SEN: 2.2% of children with an EHCP and 33.3% of children are entitled to free school meals. Therefore, the academy has a significant responsibility to ensure our children are not disadvantaged and have the right attitudes and employment - ready skills : to keep them safe throughout life, providing them with everything we possibly can to have an ambitious and positive future.

The PSHE curriculum is responsive to academy, local and global need. The PSHE Lead works closely with the Designated Safeguarding Lead, and also seeks student and parent voice to inform the curriculum content.

When taught well, PSHE education helps pupils to achieve their academic potential, and leave school equipped with skills they will need throughout later life. PSHE education helps pupils to develop the knowledge, skills and attributes they need to thrive as individuals, family members and members of society. In line with our academy core value of Collective Responsibility, students will be taught to have respect for themselves, and for others, within our local, national and global communities

Living in the wider world - We aim to develop key skills, including decision making, informed risk taking, good communication, and self-regulation strategies. We encourage the exploration of, and respect for, values held by different cultures and groups within our local community, and promote the development of positive attitudes. We encourage honesty and respect in all relationships, and nurture sensitivity to the needs and feelings of others. From making responsible decisions about alcohol to succeeding in

their first job, PSHE education helps pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up.

Health and wellbeing - Pupils who are emotionally healthy do better at school. PSHE education helps children and young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships. PSHE education also helps pupils to develop skills and aptitudes - like teamwork, communication, and resilience - that are crucial to navigating the challenges and opportunities of the modern world, and are increasingly

RSE - Recognises the risks and issues children experience today. The focus of sex and relationships education must be to equip children and young people to make safe choices, navigate the online world with a critical eye and help them to understand where to go for support. Lessons have been deemed as age appropriate by the PSHE Association.

Overall, the PSHE curriculum intent is to ensure pupils are aware of reliable information regarding support and where to find it. By working together we want to guide pupils in knowing how to maintain physical, mental and emotional health and wellbeing. This will aid in the development of resilient, healthy, happy and empowered young people who can make informed decisions about their safety, consequences of their actions and how to minimise risk. Overall, we aim to enable pupils to be independent and have the key skills preparing them for life.