



Positive Autism Support and Training

Helping to put problems with Autism in the PAST

Supporting Individuals with Autism, Anxiety and Demand Avoidant Behaviour

Pathological Demand Avoidance (PDA) is a complex Autism Spectrum Condition that is characterised by an anxiety driven need to be in control and avoid every day demands. Children and young people with PDA require careful handling and a different approach to that usually adopted with individuals with Classic Autism and Asperger's Syndrome.

PAST are running a workshop on PDA which will cover the following:

Understand what PDA is and how it differs from other forms of autism

Understand the impact PDA has on a child, teenager or young adult and how they might be supported

Understand the causes of behaviour that challenges

Employ strategies to minimise challenging behaviour and support your child during times of crisis.

Tuesday 5th March 2019 10am – 2pm

The Pelham, Hollier's Hill, Bexhill on Sea

TN40 2DD

Attendees will leave the course with a better understanding of PDA and a "toolkit" of strategies to use when parenting or working with a child with this condition.

The course is interactive, you will have the opportunity to discuss your ideas and experiences with others.

TO BOOK A PLACE, TICKETS ARE £5.00 VIA <http://buytickets.at/impact/221798>

Refreshments will be available to buy at The Pelham – Please note lunch will NOT be available at this event



ImPACT

Inspiring more Parents And Carers Together