

WEEKLY

MENU

Bexhill Autumn/Winter 22 - Week 2



Monday

Braised Chicken Thigh Tagine with Fresh Coriander

Sour Dough Pizza with Tomato & Mozzarella (V)

Fresh Vegetables

Chocolate & Mandarin Muffin with Chocolate Sauce

Tuesday

Thai Style Turkey Escalope with Ginger & Lime

Quorn & Mushroom Thai Style Green Curry (V)

Brown & White Rice Medley

Fresh Vegetables

Fresh Fruit Salad

Wednesday

Roast Pork with Roast Potatoes & Gravy

Vegetable Wellington with Roast Potatoes & Gravy (V)

Fresh Vegetables

Roasted Peach Crumble

Thursday

Jerk Chicken Thighs with Rice & Peas

Roasted Vegetable Moussaka with Greek Style Salad (V)

Fresh Vegetables

Jamaican Style Ginger Cake with Custard

Friday

Fish & Chip Friday - Market Fish Available

Spicy Falafel Pitta with Salad & Tzatziki

Chunky Chips

Garden Peas or Baked Beans

Toffee Apple Pie with Custard

Available daily

A selection of Sandwiches, Wraps, Baguettes, Pasta Pots & Salad Bar.

Also see the Grab & Go section for quick hot & cold snacks, fresh fruit & a selection of Home bakes.