

WEEKLY

MENU

Bexhill Autumn/Winter 22 - Week 1



Monday

Chicken Tikka Masala served with Turmeric Spiced Rice

Vegetable Curry served with Turmeric Spiced Rice (V)

Mini Naan Bread & Poppadom

Fresh Vegetables

Forest Fruit Yoghurt

Tuesday

Asian Style Chicken

Falafel Stuffed Pitta (V)

Singapore Style Noodles

Fresh Vegetables

Sticky Toffee Cake with Custard

Wednesday

Roast Turkey served with Roast Potatoes & Gravy

Quorn Roast served with Roast Potatoes & Gravy (V)

Honey Herb Roasted Carrots & Steamed Broccoli

Iced Carrot Cake

Thursday

BBQ Chicken Leg served with Savoury Rice

Mac N Cheese served with Garlic Bread (V)

Fresh Vegetables

Warm Chocolate Brownies

Friday

Fish & Chip Friday

Breaded Fish Fillet served with Chips

Veggie Burger in a Bun served with Chips

Garden Peas or Baked Beans

Fresh Fruit Salad

Available daily

A selection of Sandwiches, Wraps, Baguettes, Pasta Pots & Salad Bar.

Also see the Grab and Go section for quick hot & cold snacks, fresh fruit & a selection of Home bakes.

HARRISON
food with thought

