



Social, Emotional and Mental Health Needs

Referrals are needed for children to access:

- CAMHS
- Mental Health Support Team
- 1:1 or group Listening Service
- 1:1 or group SEMH intervention

Please discuss any concerns with your SLT link for Quality of Education

CONTACTS FOR SOCIAL, EMOTIONAL AND MENTAL HEALTH:

SEMH Intervention Lead:
Mrs Clifford
Mental Health First Aid Lead:
Mrs Ransom
Therapy Dog:
Milo

REFERRALS

CAMHS (Child and Adolescent Health Services)

ENHANCED SUPPORT

1:1 and small group support from our in school counsellor: The Listening Service

1:1 Support from the Mental Health Support Team

TARGETED SUPPORT

Group Support - 45 minute weekly small group sessions: Anxiety Gremlin, Anger Gremlin, Zones of Regulation, Sulp, Friendship Group

1:1 Support – individual version of group interventions when appropriate

WHOLE ACADEMY STRATEGIES – UNIVERSAL PROVISION

We follow the six principles of nurture: children's learning is understood developmentally; the classroom offers a safe base; nurture is important in the development of wellbeing; language is understood as a vital means of communication; all behaviour is communication; and transitions are significant in the lives of children.



SOCIAL, EMOTIONAL AND MENTAL HEALTH

The SEND Code of Practice describes this as, 'Children and young people may experience a wide range of social and emotional difficulties which manifest themselves in many ways. These may include becoming withdrawn or isolated, as well as displaying challenging, disruptive or disturbing behaviour. These behaviours may reflect underlying mental health difficulties such as anxiety or depression, self-harming, substance misuse, eating disorders or physical symptoms that are medically unexplained. Other children and young people may have disorders such as attention deficit disorder, attention deficit hyperactive disorder or attachment disorder.'