

Learning Intent for Food Preparation and Nutrition at Bexhill Academy

We aim to enable our students to become **enthusiastic and competent learners** in Food Preparation and Nutrition. Students are encouraged to develop a **love of and understanding of Food and Nutrition** through **practical and theory work** where they learn the key skills and knowledge which enable them to progress to higher skills at **KS4 and beyond**.

Students are introduced to a **broad range of cooking methods and skills** to enhance their **awareness of a wide variety of food choices and healthier cooking methods**.

Through our curriculum, we aim for students to become as **independent as possible**, to **prepare them for the life skills of cooking at home** and to enable them to **progress to the next steps in their education and lives**.

Please find full details of the curriculum for all year groups below.

If you have any queries, please get in touch with Mrs D Holroyd or Miss L Purdy, Heads of Food and Nutrition.

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