

6 November 2024

Dear Parents and Carers,

**RE: Relationship, Sex Education**

As part of your child's education at Bexhill Academy we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, strategies and practical skills to live safe, healthy, productive lives and meet their full potentials.

I am writing to let you know that, during one of your child's PE lessons this term, your child's class will be taking part in lessons which will focus on the relationship and sex education (RSE) aspect of this programme. RSE lessons in Year 10 will include teaching about relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography. Pupils will also have the opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

Yours sincerely



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PSHE lead

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