



Empowering people on the autism spectrum and with learning disabilities.

All inclusive SEND Group 8 -18 years Eastbourne

This young person's group aims at giving an opportunity for young people who might have struggled in previous youth groups through behaviours of concern or had difficulties with social relationships. The group is highly staffed to reduce risk but allows a greater level of interaction.

We hope to put on a range of structured and fun activities including music, drama, cookery, art, physical and interactive games. The group focuses on improving social and communication skills, building confidence, independence and self-esteem, making new friends and having fun, all in a relaxed and informal setting.

Day: Sundays during term time only
Time: 2pm—5pm
Cost: £10 per session

Location: Defiant Sports Inclusion Hub,
Sovereign Harbour
Retail Park, Eastbourne BN23 6JH

For more information contact;
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