



Empowering people on the autism spectrum and with learning disabilities.

Eastbourne SEND youth group 8-18 years old

This children's group is for young people with SEND. Providing a range of structured and fun activities including music, drama, cookery, art, physical and interactive games. The group focuses on improving social and communication skills, building confidence and self-esteem, making new friends and having fun, all in a relaxed and informal setting.

Day: Sundays during term time
Time: 10am—1pm
Cost: £10 per session

Location: Defiant Sports Inclusion Hub,
Sovereign Harbour
Retail Park, Eastbourne BN23 6JH

For more information contact;
childrenesx@aspens.org.uk
03454500060

