



Empowering people on the autism spectrum and with learning disabilities.

## All inclusive SEND Group 8 -18 years

This young person's group aims at giving an opportunity for young people who might have struggled in previous youth groups through behaviours of concern or had difficulties with social relationships. The group is highly staffed to reduce risk but allows a greater level of interaction.

We hope to put on a range of structured and fun activities including music, cookery, art, physical and interactive games. The group focuses on improving social and communication skills, building confidence, independence and self-esteem, making new friends and having fun, all in a relaxed and informal setting.

Day: Sundays during term time only  
Time: 10am - 1pm  
Cost: £10 per session

Location: Sussex House, Tills Courtyard,  
High Street, Battle,  
East Sussex, TN33 0AE

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